

## FEBRUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday/Saturday
			<b>1</b> Bone Builders – 8:00 Jazzercise – 9:20 Wii Bowling – 10:30 a.m. Game Day – 1:00 Intermed. Tai Chi – 2:00	<b>2</b> Seniors in Motion – 9:30 <b>Writing Sampler – 10:00</b> <b>3</b> T'ai Chi – 10:00
<b>5</b> CVHHH Foot Clinic – 8:00 <b>AARP Tax Help – 9-3</b> Seniors in Motion – 9:30 Chair Yoga – 10:45 Yoga – Noon Pitch – 1:00	<b>6</b> Bone Builders – 8:00 Spanish – 10:00 <b>Coffee Café – 11:00</b> Lunch – Noon Young at Heart Singers – 1:00 Falls Prev. T'ai Chi – 2:15 <b>Rag Weaving – 3:30</b>	<b>7</b> <b>AARP Tax Help – 9-3</b> Seniors in Motion – 9:30 Mah Jongg – 10:00 French – 10:30 <b>Intro to T'ai Chi – 10:45</b> Square Dancing – 2:00 Line Dancing – 3:30	<b>8</b> Bone Builders – 8:00 Jazzercise – 9:20 <b>Board Meeting – 10:00</b> Wii Bowling – 10:30 a.m. Game Day – 1:00 Intermed. Tai Chi – 2:00	<b>9</b> Seniors in Motion – 9:30 <b>Writing Sampler – 10:00</b> <b>10</b> T'ai Chi – 10:00
<b>12</b> <b>AARP Tax Help – 9-3</b> Seniors in Motion – 9:30 Chair Yoga – 10:45 Yoga – Noon Pitch – 1:00	<b>13</b> Bone Builders – 8:00 Spanish – 10:00 <b>Senior Companions – 10:00</b> <b>Coffee Café – 11:00</b> Lunch – Noon Young at Heart Singers – 1:00 Falls Prev. T'ai Chi – 2:15 <b>Rag Weaving – 3:30</b>	<b>14</b> <b>AARP Tax Help – 9-3</b> Seniors in Motion – 9:30 Mah Jongg – 10:00 French – 10:30 <b>Cancer Support Group – 11:30</b> <b>Intro to T'ai Chi – 10:45</b> Square Dancing – 2:00 Line Dancing – 3:30	<b>15</b> Bone Builders – 8:00 <b>CVHHH Foot Clinic – 9:00</b> Jazzercise – 9:20 Wii Bowling – 10:30 a.m. Game Day – 1:00 Intermed. Tai Chi – 2:00	<b>16</b> Seniors in Motion – 9:30 <b>Writing Sampler – 10:00</b> <b>17</b> T'ai Chi – 10:00
<b>19</b> <p style="text-align: center;"><b><u>CLOSED</u></b>  <b><u>PRESIDENT'S</u></b>  <b><u>DAY</u></b></p>	<b>20</b> Bone Builders – 8:00 Spanish – 10:00 <b>Coffee Café – 11:00</b> <b>Lunch w/ Director – Noon</b> Young at Heart Singers – 1:00 Falls Prev. T'ai Chi – 2:15 <b>Rag Weaving – 3:30</b>	<b>21</b> <b>AARP Tax Help – 9-3</b> Seniors in Motion – 9:30 Mah Jongg – 10:00 French – 10:30 <b>Intro to T'ai Chi – 10:45</b> Square Dancing – 2:00 Line Dancing – 3:30	<b>22</b> Bone Builders – 8:00 Jazzercise – 9:20 Wii Bowling – 10:30 a.m. Game Day – 1:00 Intermed. Tai Chi – 2:00	<b>23</b> Seniors in Motion – 9:30 <b>Writing Sampler – 10:00</b> <b>24</b> T'ai Chi – 10:00
<b>26</b> <b>AARP Tax Help – 9-3</b> Seniors in Motion – 9:30 Chair Yoga – 10:45 Yoga – Noon Art & Crafts – 1:00 Pitch – 1:00	<b>27</b> Bone Builders – 8:00 Spanish – 10:00 <b>Coffee Café – 11:00</b> Lunch – Noon Young at Heart Singers – 1:00 Falls Prev. T'ai Chi – 2:15 <b>Rag Weaving – 3:30</b>	<b>28</b> <b>AARP Tax Help – 9-3</b> Seniors in Motion – 9:30 Mah Jongg – 10:00 French – 10:30 <b>Intro to T'ai Chi – 10:45</b> Square Dancing – 2:00 Line Dancing – 3:30		<i><b>*Special Events in bold*</b></i>

